

November

SUN

MON

TUES

WED

THURS

FRI

SAT

Visit BPP's Beekeepers at the SeaTac Holiday Bazaar
 Saturday, November 2nd, 9 am—3 pm, SeaTac Community Center



1

9 am
Chair Yoga
Media Room

11 am

Art & Craft Sale
Pie a la Mode
MP-2

2 pm

Cribbage/Card Games/
Table Games, MP-2

2

10 am & 11 am
ZUMBA Walk-Fit
B3, Fitness Center
this week only

2 pm
Popcorn, MP-2



3

Daylight Savings Time Ends

10 am
Church
MP-1

3 pm
Residents
Coloring Club
MP-1

4

9 am, Grocery B-2

9:30 am
Pool Exercise

11 am, Grocery B-1

1 pm
Chair Yoga
Media Room

5

10 am
Bible Study
Media Room

1 pm
Beanbag Baseball
MP-2

2 pm
Sewing/Craft Club
B-1, Sewing Rm

6

2 pm
**Ice-Cream
Social**
MP-1

4 pm
Stay Fit with David
Fitness Center

7

9 am, Grocery B-1

11 am, Grocery B-2

2 pm
Bingo
MP-1

4 pm
Sizzler
Tukwila
\$\$

8

9 am
Chair Yoga
Media Room

10 am

Holiday Shopping
Tukwila

10:15 am
Library 2 Gol, B1, Flr 1

2 pm
Cards/Table Games
MP-2

2 pm
Writing Club, Med Rm

3 pm
Book Club, Med Rm

9

10 am
Walk Fit
MP-2

2 pm
Popcorn
MP-2

10

10 am
Church
MP-1

2 pm
**Secret Santa
Meeting**
MP-2

3 pm
Residents
Coloring Club
MP-1



9 am, Grocery B-2

9:30 am
Pool Exercise

11 am, Grocery B-1

1 pm
Chair Yoga
Media Room

12

10 am
Bible Study
Media Room

1 pm
Beanbag Baseball
MP-2

2 pm
Sewing/Craft Club
B-1, Sewing Rm

13

10 am
**Muckleshoot
Casino**
Auburn

4 pm
Stay Fit with David
Fitness Center

14

9 am, Grocery B-1

11 am, Grocery B-2

2 pm
Bingo
MP-1

4 pm
Via Marina
ITALIAN CAFE
Des Moines
\$\$

15

8 am
**Fireman's
Breakfast**
MP-1

10 am
Chair Yoga
Media Room

1 pm
SEMINAR: Hearing
Media Room

2 pm
Cards/Table Games
MP-2

16

10 am
ZUMBA
MP-2

11 am
Walk Fit
MP-2

2 pm
Popcorn
MP-2

17

10 am
Church, MP-1

2 pm
Sunday Matinee
Media Room

3 pm
Residents
Coloring Club
MP-1

18

9 am, Grocery B-2

9:30 am
Pool Exercise

11 am, Grocery B-1

1 pm
Chair Yoga
Media Room

19

10 am
Bible Study
Media Room

1 pm
Beanbag Baseball
MP-2

2 pm
Sewing/Craft Club
B-1, Sewing Rm

20

1 pm
RESIDENT'S
**Thanksgiving
Dinner**
MP-1

4 pm
Stay Fit with David
Fitness Center

21

9 am, Grocery B-1

11 am, Grocery B-2

2 pm
Bingo
MP-1

4 pm
Dee Thai Cuisine
Des Moines
\$\$

22

9 am
Chair Yoga
Media Room

11 am
**Christmas Craft
Snowman**
B-3 Art Room

2 pm
Cards/Table Games
MP-2

23

10 am
Walk Fit
MP-2

2 pm
Popcorn
MP-2

24

10 am
Church
MP-1

3 pm
Residents
Coloring Club
MP-1

25

9 am, Grocery B-2

9:30 am
Pool Exercise

11 am, Grocery B-1

1 pm
Chair Yoga
Media Room

2 pm
Holiday Shopping
Tukwila

26

10 am
Bible Study
Media Room

1 pm
Beanbag Baseball
MP-2

2 pm
Sewing/Craft Club
B-1, Sewing Rm

27

12:30 pm
Out to Lunch
13 Coins
SeaTac
\$\$\$

4 pm
Stay Fit with David
Fitness Center

28

OFFICE CLOSED



29

11 am
**Christmas Craft
Patchwork
Ornaments**
B-3 Art Room

2 pm
Cards/Table Games
MP-2

5:30 pm
Resident Potluck
MP-1

30

10 am
ZUMBA, MP-2

11 am
Walk Fit, MP-2

2 pm
Popcorn, MP-2

1 pm
**Ring in the Holidays
Singalong**
MP-1

2 pm
Popcorn
MP-2